

## Post surgery HELP card

<b>Please call your surgeon with any questions or concerns, or if you experience any of the following:</b>	<ul style="list-style-type: none"><li>• Abdominal Pain</li><li>• Fatigue</li><li>• Wound Issue</li><li>• Dehydration</li><li>• Fever</li><li>• Diarrhea</li><li>• Nausea and Vomiting</li></ul>
<b>For an emergency:</b>	Call 911
<b>If you are not sure:</b>	Call your surgeon's office. During non-office hours you will be directed to the answering service. Please leave a message and the on-call surgeon will return your call.
<b>At another hospital:</b>	Call your surgeon's office.
<b>For something non-urgent:</b>	Call your surgeon's office during regular business hours to speak with a nurse or staff member that can assist you.



# Enhanced Recovery After Bariatric Surgery

**Center for Bariatrics at Community Medical Center**  
530 Lakehurst Road, Suite 207  
Toms River, NJ 08755

**Center for Bariatrics at Monmouth Medical Center**  
Anne Vogel Family Care & Wellness Center  
200 Wyckoff Road, Suite 1400  
Eatontown, NJ 07724



WELCOME TO THE  
**Enhanced Recovery  
 after Bariatric Surgery  
 Program at Community  
 Medical Center and  
 Monmouth Medical Center**

Enhanced Recovery is an evidence-based approach designed to help people recover more quickly from surgery. This booklet explains the care you can expect to receive prior to your surgery, the day of and following your surgery. During this time, we will work closely with you and your support system to help ensure a safe and speedy recovery.

***Be involved in your care***

Community Medical Center and Monmouth Medical Center are high reliability organizations, which means that our number one priority is to keep you safe. We ask our patients to become involved in their plan of care which will allow for better communication and will create an environment in which you feel informed, involved, and most of all safe.

We encourage you to be an active participant on your health care team by doing the following:

- Learning about your procedure and how you can become involved in your recovery
- Always speaking up if your something doesn't seem right to you



*Community Medical Center and Monmouth Medical Center have earned the prestigious designation as MBS AQIP Comprehensive Center (formerly a Center of Excellence) from the American Society for Metabolic and Bariatric Surgery.*

**Early Recovery After Surgery Patient Pathway**

